

Sim News

LEEDS
Emergency
Departments

Episode 185

40M, recent Covid requiring ARCU stay on NIV, recovered and discharged. Now has developed sudden SOB with right leg swelling... and he has now arrested.



Clinical

- Where to start CPR? As soon as you are in full PPE! Use the grab bags!
- Move to AGP for airway manoeuvres
- Allocate a timekeeper! This will keep at bay your [cognitive overload!](#)
- 4 H's and 4T's
Thrombosis → thrombolysis!



Do you know the dose of **Alteplase** in cardiac arrest?? It might be on cembooks [here](#) but probably best to know this one....

50mg bolus!

Non- Clinical

Simphobia is very common! BUT the reward is greater than the fear. We try to promote a safe educational environment.



Great communication and [task allocation](#)

- 1 taking bloods, 1 doing ABG and 1 taking the history
- just be sure not to overwhelm your patient!

[Shared mental model](#) in difficult situations like this ensures everyone is on the same page

We want all members of the team to feel like they can speak up!



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