

PROTECTING AGRICULTURAL WORKERS FROM COVID-19

What is COVID-19?

COVID-19 is a contagious respiratory illness caused by the new coronavirus.

How does COVID-19 spread?



Close Personal Contact



Respiratory Droplets



Contaminated Surfaces

Who is most likely to become seriously ill from COVID-19?

- Older adults 65+
- People with medical conditions, such as:
 - Heart disease
 - Diabetes
 - Respiratory disease

Common Symptoms



Fever
(above 100.4°F/38°C)



Dry Cough



Difficulty Breathing



New Loss of Smell or Taste



Nausea or Vomiting



Diarrhea



When do symptoms appear?

Symptoms may develop 2-14 days after being infected and vary from person to person. Some people may have the virus but never develop symptoms. Those who have the virus and don't show any symptoms can infect others.

Other symptoms include: Fatigue and body aches.

HOW TO PROTECT YOURSELF & YOUR FAMILY

Cleaning and Disinfecting



Wash front and back of hands and in between fingers for at least 20 seconds using soap and water or a hand sanitizer that is at least 60% alcohol.



Avoid touching your eyes, nose, and mouth without washing your hands.



Cough and sneeze into a tissue or flexed elbow. Dispose of tissue immediately after use and wash your hands.



Wear a cloth face covering in public places, including work.



Avoid sharing personal items with others (food, cups, handkerchief, gloves).



When you get home from work remove your work clothes (keep them separate from other clothes) and shower.



Clean and disinfect surfaces and objects you touch often (tables, doorknobs/handles, restrooms, water jugs, tools, vehicles).

WORK

Physical Distancing

Reduce number of passengers when traveling, keep windows open, and wear a cloth face covering around others.



Maintain a distance of 6 feet (2 meters) at all times when in the fields, orchards, vineyards, and packing houses.



Avoid social greetings such as handshakes, hugs, and fist and elbow bumps.



HOME

"Stay at Home Order"
Only leave home to perform essential activities (work, grocery shopping, medical care, laundry).



When possible, arrange beds, couches, and chairs to maintain a 6-foot (2-meter) distance.



Avoid in-person social gatherings and celebrations (birthday parties, weddings, BBQs).



KNOW YOUR RIGHTS

- You have the right to a safe workplace & safety training.
- You have the right to speak out about health & safety on the job.
- You are eligible for free screening & testing regardless of immigration status. COVID-19 testing & treatment are not considered a public charge.
- You may be eligible for paid time off for COVID-19-related absences.

WHERE TO ACCESS CARE

- Uninsured or Medi-Cal patients without a health plan, call the 24/7 Medi-Nurse line: 1-877-409-9052
- For help with access to healthcare & insurance coverage, call Health Consumer Alliance (HCA): 1-888-804-3536 or TTY 1-877-735-2929
- If you have symptoms or have been around someone who has symptoms or who has tested positive, don't go to work, tell your employer, and get tested: 1-888-634-1123 or [covid19.ca.gov/testing-and-treatment](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/testing.aspx)

For local resources, contact:

This section provides a space for local organizations to add their contact information.



UCLA
Labor Occupational Safety & Health Program



UC DAVIS
Western Center for Agricultural Health and Safety

