

## Circle Facilitation Practice



RestorativeDC

### Model Circle Flow

**Opening Ceremony** – Mindfulness moment, poem, reading, quotation, song, activity, visualization, meditation, yoga.

**Explain and Introduce Centerpiece/Talking Piece** (as needed)

**State the Purpose** – Remind participants of the purpose of the Circle.

**Guidelines and Agreements**- State the three standard guidelines:

1. Respect the talking piece/Right to pass
2. Listen and speak from the heart
3. Confidentiality

Get consensus from the group. If there is disagreement ask what do we need to make the guidelines agreeable for everyone.

**Opening Round** – For participants to get acquainted (for groups with individuals that are new to each other) or check in on how everyone is doing.

**Exploring the Topic of the Circle** – This is where the primary topic or purpose of the Circle is addressed through rounds and/or activities. Write 1 to 2 questions.

**Closing Round** – To provide closure by asking participants to reflect upon their experiences in the Circle or share how it may carry into the future.

**Closing Ceremony** – Mindfulness moment, poem, reading, quotation, song, activity, visualization, meditation, yoga.