

Virginia School Counselor WELCOME BACK PACKET

RECOVERY RESOURCE COLLECTIONS

- [Elementary School Counselors](#)
- [Secondary School Counselors](#)

REDESIGNING COMPREHENSIVE SCHOOL COUNSELING PROGRAMS

- [Part One: Assess Need and Create Collaborative Partnerships](#)
- [Part Two: Create a Plan and Communicate with Stakeholders](#)
- [Part Three: Ethical and Safety Considerations](#)

How Brené Brown Runs Emotionally Intelligent Zoom Meetings

Virginia School Counselor Technology Collaborative

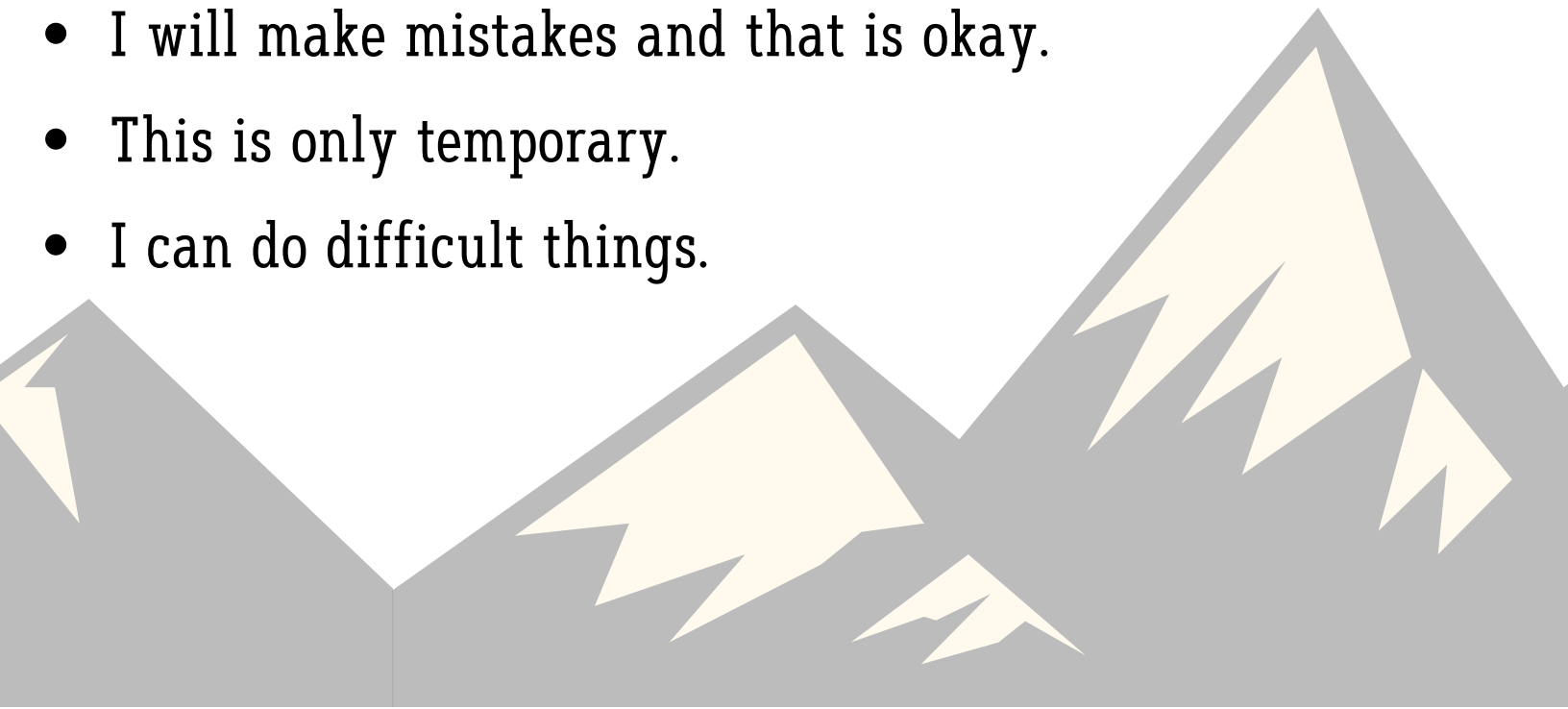
KEEP SCROLLING FOR MORE!



Affirmations

AS WE NAVIGATE THIS NEW TERRAIN

- I don't have to have it all figured out to move forward.
- The best I can do is my best.
- How human of me to feel nervous about trying something new.
- I will give myself the same grace I give others.
- I may not be able to control this situation, but I have control over my attitude.
- I will make mistakes and that is okay.
- This is only temporary.
- I can do difficult things.

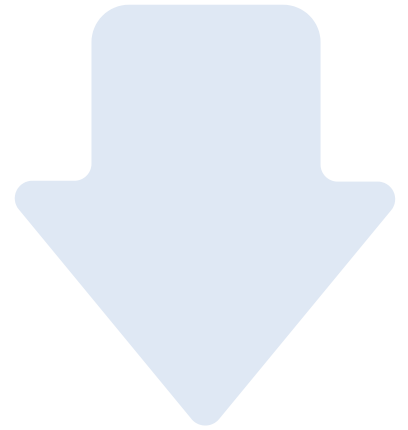
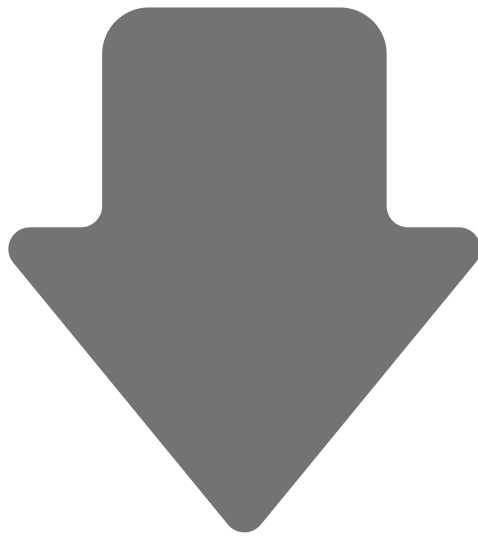
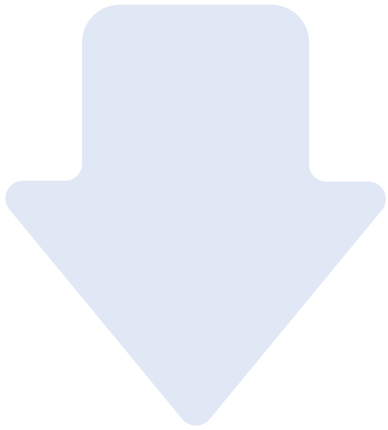


“

"It is far better to do a few things well than to undertake many good works and leave them half undone."

CHARLES PRESCOTT

”



BEFORE YOU ACT ASK...

What data informs me that this is needed?

Do I have the capacity to do this well?

**SLAP HERE
FOR A
VIRTUAL
HIGH FIVE!**

